

THE COLLEGE EXPERIENCE

The first year of college is filled with many challenges and changes: new friends, teachers, academic courses and new living accommodations to name a few. We have designed a special course, The College Experience, to help make your college years a success. This one credit course is available for all first year students in the fall semester.

The College Experience course will give you an opportunity...

- To learn college survival skills, including effective test/study strategies, time management, note taking, career decision-making, critical thinking skills, and decision-making.
- To explore and clarify personal, academic, and career values.
- To ask questions, share ideas, and interact with other freshmen, faculty, and administrators.
- To become familiar with campus procedures, facilities, and most importantly, the resources available to help you achieve academic and personal success.
- To increase awareness and knowledge of issues relevant to college life and society as a whole.
- To develop a sense of belonging to Mount Saint Mary College.

Why is this course important?

- It is designed specifically for freshmen.
- Studies indicate an increase in college success among students who have taken a freshman seminar versus those who haven't.
- It is the best way to make the transition to college an easier one.
- Students will earn one academic credit toward graduation for successful completion of this course. Class meetings are held once a week during the fall semester. (Tuition is charged at the standard rate per credit hour for this one-credit course.)

If you have any questions regarding the College Experience, contact:

Shirley Baker
Director of New Students and Wellness Programs
baker@msmc.edu
(845) 569-3184